

Dear Parents

Summer Vacation is here —a respite from the sweltering heat, an ocean of time to relax, to pursue hobbies and to spend time with dear ones. Many of you may have planned pleasure trips to salubrious hills, exotic wilds or places of pilgrimage. You can also utilize this period to instill in your

child the virtues of "Care and Share", "Self-help", "Learn from Environment" and" Cleanliness and Godliness". Please keep him /her gainfully engaged in one meaningful activity or the other instead of lazing around and killing time. Wishing you and your ward an enriching and exhilarating vacation.



Guidelines for Parents

Reading Time Reading books is a virtue and it must be imbibed in the children right at a very early age as it not only enhances your

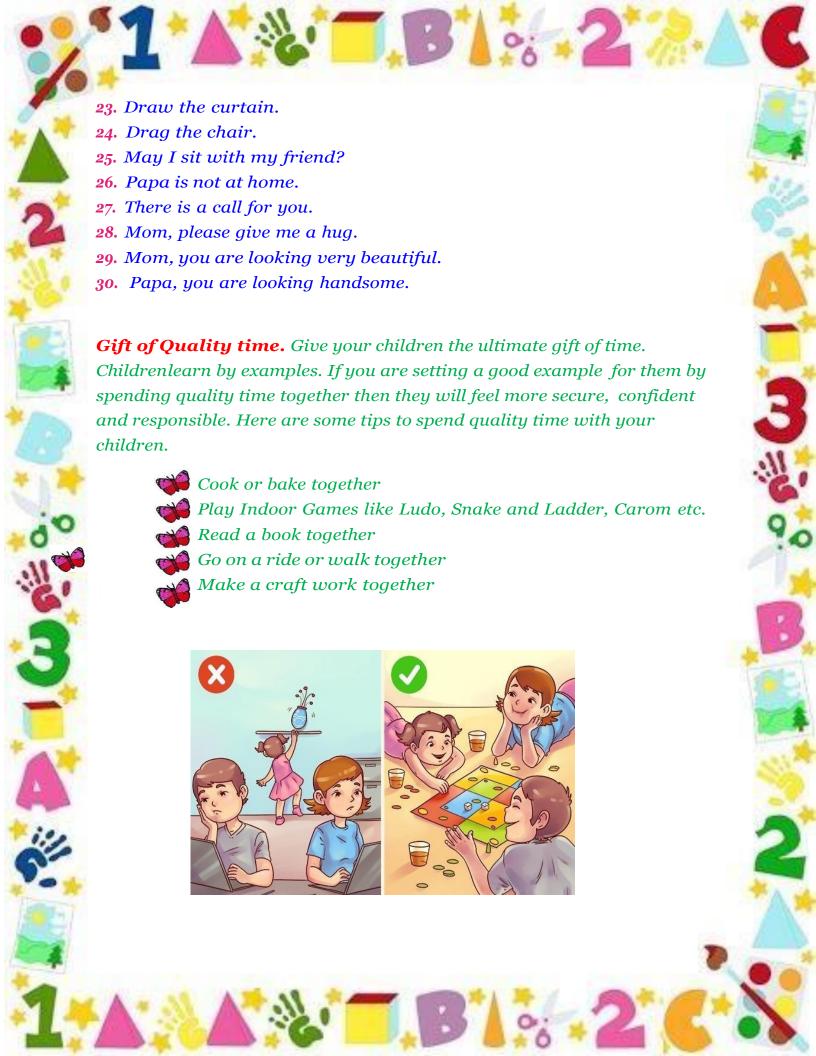


knowledge and enriches your vocabulary but also matures your thought and increases the power of concentration. So to cultivate this love for books in the tender heart of your ward ensure to read a story daily to your child. Encourage your child to read any story book or comics.

Suggested books (English only): 1. Short Moral stories

2. Panchtantra







- A. Click the picture of your child while doing the following activities and paste one in the scrap notebook..
 - 1. Daily get up early in the morning and do some simple yoga aasanas.e.g. Surya Namaskar, Anulom-Vilom etc....Sit in



Sukhaasan and chant Gayatri Mantra,recite OM at least 5 times. (Children have already been taught this in the school.)

- 2. Make a beautiful card for your mother& father and giveher | him on Mother's Day | Father's Day and also arrange a small party for her | him.
- 3. Go for evening walk with grandparents to some park.
- 4. To make the children understand the concept of Tall/ Short do the following activities
 - 1. Make one tall ladder and short ladder with matchsticks or straw.
 - 2.Put an impression of your's and your child's hand on scrap bookto make them understand the concept of big/small.

B.Do the following activities with the help of your parents in the Scrap File.



